



## Here's your chance to:

- Be instrumental in guiding youth toward a positive future
- Give back to your community
- Spend quality time with your child and his/her friends
- Share your knowledge and skills with youth
- Enjoy new experiences and have fun

### Did you know that:

- 4-H is a community of young people across America learning citizenship, leadership, and life skills.
- 4-H youth "Learn By Doing".
- Over 50% of 4-H youth live in cities, towns, and suburban areas, not on farms.
- 4-H Curriculum is available in 10 subject areas, so there's something for everyone!



There are volunteer positions with 4-H that are just perfect for:

**Parents**

**College Students**

**Retired persons**

**Teachers**

**Hobbyists**

**People in most any occupation**

If you're willing to share your time, knowledge and skills with youth, there is a place for you in 4-H.

## Benefits of Volunteering with 4-H



- Volunteer training
- Wide Variety of 4-H Curriculum
- Guidance and support from Extension staff
- Personal development opportunities
- Research based by Virginia Tech and Virginia State Universities
- Volunteering for the largest positive youth development organization

For more information, or to discuss your ideas, please contact:

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Extension is a joint program of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and state and local governments.

## Become



# A



# 4-H

## Volunteer



**Be instrumental in guiding youth toward a positive future.**



## 4-H Volunteers are Needed For:

### Community Clubs

A 4-H Community Club offers youth ages 9 to 19 an assortment of projects from which to choose. Each club involves at least 2 adult volunteer leaders.

**Community Club Organizational Leader:** Organize and manage a 4-H club for youth ages 9 to 19, holding a minimum of 9 meetings per year.

**Community Club Project Leaders:** Work with the Organizational leaders to provide hands-on educational programming on a particular topic or topics at the meetings, either conducting the lessons themselves or locating and bringing in guest speakers with expertise.

**Community Club Activity Leaders:** Work with the Organizational leaders to provide recreational activities and refreshments at club meetings, involve the club members in performing community service, plan social events for the club and handle fundraising.

### Cloverbud Clubs

A 4-H Cloverbud Club resembles a Community Club, but is designed for youth ages 5-8. Children make friends, learn cooperation, and get to try a variety of projects such as growing plants, learning about bicycle safety, simple cooking, nature study, arts and crafts or anything else that interests them.



**Cloverbud Club Leaders:** Need Organizational, Project, and Activity Leaders as described above, but for children.

### Project Clubs

A 4-H Project Club and youth involved are all focused on one curriculum area or project. Examples include Photography, Outdoor/Camping, Shooting Sports, Cooking Club, etc. It takes at least 2 adults, knowledgeable in the project area to establish and manage such a club.

**Project Club Leader:** Organize and manage a 4-H club for which focuses on one curriculum area in which you have interest or knowledge.



### Workshops

A 4-H Special Interest Workshop provides six hours, or more, of hands-on educational programming on a particular topic, typically spread over 2 or more days.

**Workshop Instructor:** Conduct short term hands-on, educational programming on a topic in which you have interest or knowledge. Examples include GETTING READY FOR CHRISTMAS (gifts, ornaments, foods), FASHION/MODELING, and VETERINARY SCIENCE. Many instructors and ideas are needed throughout the summer when workshops are most likely offered.



### Camp

**Camp Volunteer:** Chaperone a group of junior youth, ages 9-13, and their teen counselors for 5 days at Smith Mountain Lake's Skelton 4-H Educational Center. Getting to participate in many interesting programs and activities. Lots of fun, guaranteed. Male and Female chaperones are always needed. Event is one week each summer from June to July.

### Event Chaperones

**Chaperone for State 4-H Congress:** (example) Chaperone a small group (2-10) of senior youth, ages 14-18, for four days at Virginia Tech's campus in Blacksburg, getting to participate in activities and programs. Lots of fun guaranteed. At least one male and female chaperone per small group. This event is held in June. This is also the location for All-Star Tapping, the highest honor a 4-H'er can attain.

### Competition Judges

4-H County Competitions and District Competitions are always in need of judges. A modified Danish system is used, in which individuals compete against a standard, not each other.

**Presentation Judge:** Judge public speaking, illustrated talks and demonstrations on a variety of topics.

**Share-the-Fun Judge:** Judge a variety of acts in a talent show.

**Fashion Revue Judge:** Judge models in a fashion show, looking at how well the outfit is coordinated or constructed if sewn rather than purchased.

