It is never easy to say goodbye but as one of my coworkers reminds me, it is not goodbye if you intend on visiting. I will be starting a new chapter in life outside of Highland; one that I did not expect as we had started a new one moving here, in 2020. I just want to say how grateful I am for the relationships, experiences, and open arms we’ve encountered while being here. My husband, John, and I made this place home and we were very excited to settle down in this special place. It was a bittersweet decision to leave the area but John (who may have worked on your farm equipment) was presented with a better job opportunity and the weight of the pandemic on our family lent that family relationships needed tended to. I may not be present as your ANR Agent, but I’ll still be Berkeley; a lady that loves helping people and farming! Please continue reaching out to the Extension Offices, the support and programming is stronger than ever and our doors are always open to help you with your questions!

Here are herbicides and application rates for spot spraying. Read the label on each pesticide container before each use. Follow instructions and heed all cautions and warnings. VCE does not endorse these products and does not intend discrimination against other products, which also may be suitable.

<table>
<thead>
<tr>
<th>Product</th>
<th>Rate In 1 gallon of water</th>
<th>Rate In 30 gallons of water</th>
<th>Rate In 100 gallons of water</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>GrazonNext HL</td>
<td>0.25 ounces</td>
<td>8 ounces</td>
<td>24 ounces</td>
<td>GrazonNext HL has restrictions for hay and manure use</td>
</tr>
<tr>
<td>Remedy Ultra</td>
<td>0.33 ounces</td>
<td>10 ounces</td>
<td>32 ounces</td>
<td></td>
</tr>
<tr>
<td>Nonionic surfactant</td>
<td>0.33 ounces</td>
<td>10 ounces</td>
<td>32 ounces</td>
<td></td>
</tr>
<tr>
<td>Remedy Ultra</td>
<td>0.45 ounces</td>
<td>13 ounces</td>
<td>42 ounces</td>
<td></td>
</tr>
<tr>
<td>2,4-D Amine</td>
<td>0.85 ounces</td>
<td>25 ounces</td>
<td>84 ounces</td>
<td></td>
</tr>
<tr>
<td>Nonionic surfactant</td>
<td>0.33 ounces</td>
<td>10 ounces</td>
<td>32 ounces</td>
<td></td>
</tr>
<tr>
<td>Crossbow</td>
<td>1.95 ounces</td>
<td>58 ounces</td>
<td>1.5 gallons</td>
<td>Crossbow is a pre-mix of Remedy Ultra and 2,4-D</td>
</tr>
<tr>
<td>Diesel fuel or Basin oil (carrier)</td>
<td>4 parts carrier</td>
<td>1 part herbicide</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

“Meet the ANR Agent” Meetings

Don’t forget to attend our last two “Meet the ANR Agent” meetings! Come out to learn, and ask questions to Agents who serve Bath and Highland, enjoy refreshments, and make connections!

Artificial Insemination School: Register Now!

Ever been curious how your neighbor can improve their herd each and every year? AND without a bull? It could be they’ve replaced keeping a bull or the main use of a bull, with artificial insemination. So what is it? Artificial insemination is a method of breeding cattle using frozen straws of semen instead of live breeding.

Monterey Stockyards will be hosting an Artificial Insemination School taught by ABS Global and facilitated by Virginia Cooperative Extension Friday and Saturday, May 20th and 21st from 8:30am-4:30pm. The training is an intensive, class-room and hands-on school that goes over reproductive anatomy and physiology, estrus synchronization, reading EPDs on sires, heat detection, lots of hands-on training, and so much more. The training is $375 and includes materials, lunches, and certification.

Call the Highland Office for Registration details. Seats are limited!
1-Day Food Protection Manager Certification and Exam

DATE: May 23—Rockingham Extension Office
965 Pleasant Valley Rd, Harrisonburg
TIME: 9:00 am to 6 PM
COST: $160 per person; cost covers instructor-led class, textbook, exam and 5-year certification with passing score. Pre-registration is required. Registration deadline is May 6.

ONLINE REGISTRATION:  https://tinyurl.com/SSMGR-Rockingham

MORE INFORMATION: Please contact Becky Gartner at 540-564-3081 or rebes13@vt.edu

Dial Gauge Pressure Canner Testing

Monday, June 6, 2022
11:00 AM to 2:00 PM
Highland County Extension Office
83 Highland Center Dr., Monterey

Walk-ins welcome: Test your dial gauge for accuracy and/or ask the Extension Agent food preservation questions.

Egg-citing News!

While eggs are used all year around, they are especially important for many spring and summer activities. They are used for cooking festive delights and for decorating and hiding for Easter egg hunts.

Eggs are perishable and need to be handled properly to prevent foodborne illness. Occasionally, eggs with clean, uncracked shells can be contaminated with bacteria, specifically Salmonella Enteritidis. Here’s some tips for you to have an egg-cellent spring.

- Wash your hands for 20 seconds with warm water and soap before and after handling food
- Bacteria love to grow in moist, protein-rich foods. Refrigeration slows bacterial growth, so it’s important to refrigerate eggs and egg-containing foods. Keep your refrigerator at 40°F or below. Use a thermometer to monitor.
- Remember the 2-Hour Rule – Don’t leave perishable food out at room temperature for more than 2 hours
- Cook your eggs until the white and yolks are firm
- Avoid eating raw cookie dough and cake batters. Bacteria could be lurking in the raw eggs
- Cook cheesecakes, lasagna, baked pasta and egg dishes to an internal temperature of 160°F.

Egg Hunt Safety

◊ Only use eggs that have been refrigerated and discard eggs that are cracked or dirty
◊ Keep hard-cooked Easter eggs chilled on a shelf inside the refrigerator, not in the refrigerator door
◊ Hide eggs in places that are protected from dirt and pets
◊ Make sure any “found” eggs are back in the refrigerator or consumed within 2 hours

Source: Partnership for Food Safety Education
Junior 4-H Camp

July 11—15 at W.E. Skelton 4-H Center


How much is camp? The total cost per camper is $350. **Local and returning camper discounts are available.**

Additional financial aid can be requested.

Register by April 22nd. Camper packets for class and roommate requests will be distributed in May.

Poultry Chain

This year will be the third year of our annual Poultry Chain project! 145 chicks will be distributed to 14 youth in Bath and Highland. Participants are responsible for chick care throughout the project and must participate in educational activities through out the summer. The youth will then bring 5 chickens to a live show and sale at the Bath County Fair in September.

Summer Cloverbud Camps

4-H Cloverbud camp is a wonderful way to get children involved in 4-H at an early age. Camp activities will keep hands, bodies, and minds active while learning valuable life skills.

Millboro—Monday, July 25th
Warm Springs—Tuesday, July 26th
Monterey—Wednesday & Thursday, July 27th - 28th

Local Club Summer Dates

Bath:
Homeschool Club —
- Monday, May 6th
- Monday, June 3rd
- Monday, July 1st

Highland:
Busy Bee Club —
- Wednesday, May 11th
- Wednesday, June 8th

Hoofbeats Club —
- Thursday, April 21
- Thursday, May 19th
- Thursday, June 16th
- Thursday, July 21st

FAIR Club—
- Tuesday, May 10th
- Tuesday, June 14th

Sharp Shooters Club —
- Wednesday, April 20th
- Wednesday, May 18th
- Wednesday, June 15th
- Wednesday, July 20th
Your Area Extension Agents are:
Berkeley Clark Cassady, Agriculture & Natural Resources, Bath/Highland County
Kari Sponaugle, 4-H Youth Development, Bath/Highland County
Becky Gartner, Family & Consumer Sciences, Rockingham County
Matt Booher, Crops & Soils, Rockingham County
Jason Cooper, Horticulture, Rockingham County
Tom Stanley, Farm Business Management, Rockbridge County
Adam Downing, Forestry, Madison County
Rebecca Wilder, SNAP-Ed Agent, Rockbridge County

If you are a person with a disability and desire assistance or accommodations to participate in programs listed in this newsletter, please contact the VCE—Bath or Highland Unit Office at (540) 839-7261 or (540) 468-2225 during business hours to discuss accommodations. (TDD 800-828-1120)

Berkeley Clark Cassady  E-mail—berkeylec@vt.edu
Kari Sponaugle  E-mail—karis@vt.edu

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Program Associate 4-H/ANR, Bath/Highland

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